Family Participation

Family involvement in the development of an individual treatment plan is expected in both child and adolescent programs. Family meetings are scheduled with the child and adolescent psychiatrist and social worker and/or treatment team upon admission to the program and as needed during ongoing treatment. Parenting skills training resources are available. Immediate family members are encouraged to visit regularly during established visiting times. To ensure patient confidentiality, non-immediate family visitation requires authorization by multidisciplinary treatment team. Disposition planning and follow-up care beings upon admission and is established for each individual patient prior to discharge from the program.

School Collaboration

The Multidisciplinary Treatment Team encourages communication and collaboration with appropriate school personnel to allow identification and/or exploration of any challenges confronting the patient in the school setting, maintain academic productivity during treatment, and facilitate a smooth transition back to the school environment. Emphasis on resolution of school related issues and positive communication between the student, family and school promotes future academic and social success.

Referral Procedure

Referrals may be presented by physicians, behavioral health professionals, county agencies, school personnel, and law enforcement personnel. Although we are receptive to discussing parental/guardian concerns for admission, a referral by one of the above mentioned personnel is also required. All referrals will be reviewed by the supervising child and adolescent psychiatrist prior to approval. This program promotes and supports the mission values of service, integrity, teamwork, justice, creativity, and stewardship of the Affinity Health System Referral of a child or adolescent to the child and adolescent behavioral health program can be made by contacting St. Elizabeth Hospital directly at (920) 738-2000. Who will then connect you with the social worker or on call child and adolescent psychiatrist.

St. Elizabeth Hospital Community Foundation

The Child and Adolescent Program staff has put forth considerable effort and creativity in designing and updating the adolescent and latency age group programming and are dedicated to the importance of our mission to care for children and adolescents with mental health issues "during a time when the burden of suffering by children and families with mental health needs has created a national health crisis in the country" (Surgeon General's Conference on Children's Mental Health, 2001). In support and acknowledgement of this mission, the Board of St. Elizabeth Hospital Community Foundation has graciously awarded this program funding for new educational and socialization materials that have provided invaluable resources for the success of the children and adolescents participating in the Child and Adolescent Behavioral health Program.

Affinity HEALTH SYSTEM

www.affinityhealth.org

For more information about any of our practitioners or services, call Affinity Nurse*Direct* at 1-800-362-9900.

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Child and Adolescent Behavioral Health Program

Affinity HEALTH SYSTEM

Caring for health. Caring for life.

A partnership of Ministry Health Care and Wheaton Franciscan Healthcare

The Child and Adolescent Behavioral Health Program

The Child and Adolescent Behavioral Health program provides a comprehensive, multidisciplinary approach to the assessment, initial treatment, and disposition planning of children and adolescents experiencing mental health and substance abuse issues within the context of the family, school, and community setting. This acute care setting provides a safe environment for evaluating mood, anxiety and thought disorders, eating disorders, alcohol and other drug abuse disorders, attention deficit hyperactivity disorder and other disruptive behavior disorders, as well as grief and past abuse issues.

The multidisciplinary treatment team combines the expert contribution of board-certified child and adolescent psychiatrists and pediatric neuropsychologists along with masters level social workers, nutritionists, teachers, psychotherapists and milieu management specialists. Experienced nursing staff, occupational therapists, recreational therapists, AODA counselors and chaplain services complete the comprehensive team approach to the care of children, adolescents and their families.

The Child and Adolescent Behavioral Health program is located at St. Elizabeth Hospital in Appleton, Wisconsin. This 13-bed secured unit is specifically designed to treat children and adolescents ages 6 to 18 in separate latency and adolescent programming tracks. Both inpatient and day treatment programming options are available. Children and adolescents are medically evaluated through the St. Elizabeth Hospital Emergency department prior to admission; however, pediatric and other medical specialty consultation resources are also available during programming if needed.

The Child and Adolscent Behavioral Health program's multidisciplinary treatment team.

Daily participation in structured programming, including sessions with a supervising child and adolescent psychiatrist, occupational therapy, recreational therapy, a three-hour teacher supervised "school day," and individual and group therapy, is encouraged with ongoing staff supervision and behavior management. Each child or adolescent participates twice a week in "team staffing," allowing interaction with the multidisciplinary treatment team and input from each team member to provide ongoing, individualized treatment and disposition planning. Psychological and neuropsychological testing provides additional information to assist with accurate diagnosis and treatment.

Family is encouraged to participate through scheduled family meetings. Collaboration of information and disposition planning with schools, outside health care providers, community and county resources are encouraged and discussed with family. With family permission, these resources also can be invited to participate in a special team conference to promote optimal function and continuity of care for the child. The average length of stay is two to ten days with the option of transitioning from inpatient to day treatment programming and day treatment programming to school.

Child Program

The child program is designed for children ages 6 to 12. Special emphasis on medication intervention, compliance training, impulse control, development of emotional awareness, and regulation of identified emotions within a safe environment is further complemented by parenting skills training. A behavior management program assists patients with identifying factors contributing to disruptive behaviors with a focus on developing problem solving skills and positively reinforcing desired behaviors. A separate child treatment tract allows more developmentally appropriate programming to address the needs of children. Patient and staff safety is a primary practice value upheld by the multidisciplinary treatment team approach.

Adolescent Program

The adolescent program is designed for adolescents ages 13 to 18. Emphasis is placed on family communication along with developing self-awareness and identity as an individual, personal accountability, emotional control, adaptive coping strategies, and ongoing self-management skills. As with the child program, adolescents work toward identifying factors contributing to maladaptive behaviors along with problem solving skills that they can then apply for ongoing maturational productivity and life-style changes. Appropriate behavior is rewarded with established program privileges. The separate adolescent treatment tract allows developmentally appropriate programming to address the needs of the adolescent. Patient and staff safety is a primary practice value upheld by the multidisciplinary treatment team approach.